

WINTER LOOKBOOK

2019

LAURA'S

plus-size style tips

THE MUST- HAVE

£29 party dress

WINTER

skin savers

GIFT GUIDE

Our best scents
and beauty buys

**COSY
BUT CHIC**

Go from day
to night



Bridges

Fashion North



FREE

Welcome



Welcome to our festive fashion magazine!

We've partnered up with Fashion North, the collective of students on the Fashion Journalism degree at the University of Sunderland.

We worked with these fabulous budding journalists to create this magazine which is filled with festive fashion inspo from Christmas Day to New Year's Eve wear, jumpers and that all important party wear! Style blogger Laura Ferry also

provided her insight to plus-size fashion and talks about self-confidence.

Don't forget to follow us all on social media, to keep up with the latest news, events and trends.

f /Bridges.Sunderland
 @BridgesSund
 @bridgesshop

f /FashionNorthNE
 @Fashion_North
 @Fashion_North

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Meet the fashionistas!

The Bridges teamed up with University of Sunderland fashion journalism students who produce the Fashion North website fashion-north.com

Contributors

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 Hollie Ellison

Megan Fitzmaurice
 Megan Hagel
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Models

Barbora Bednarova

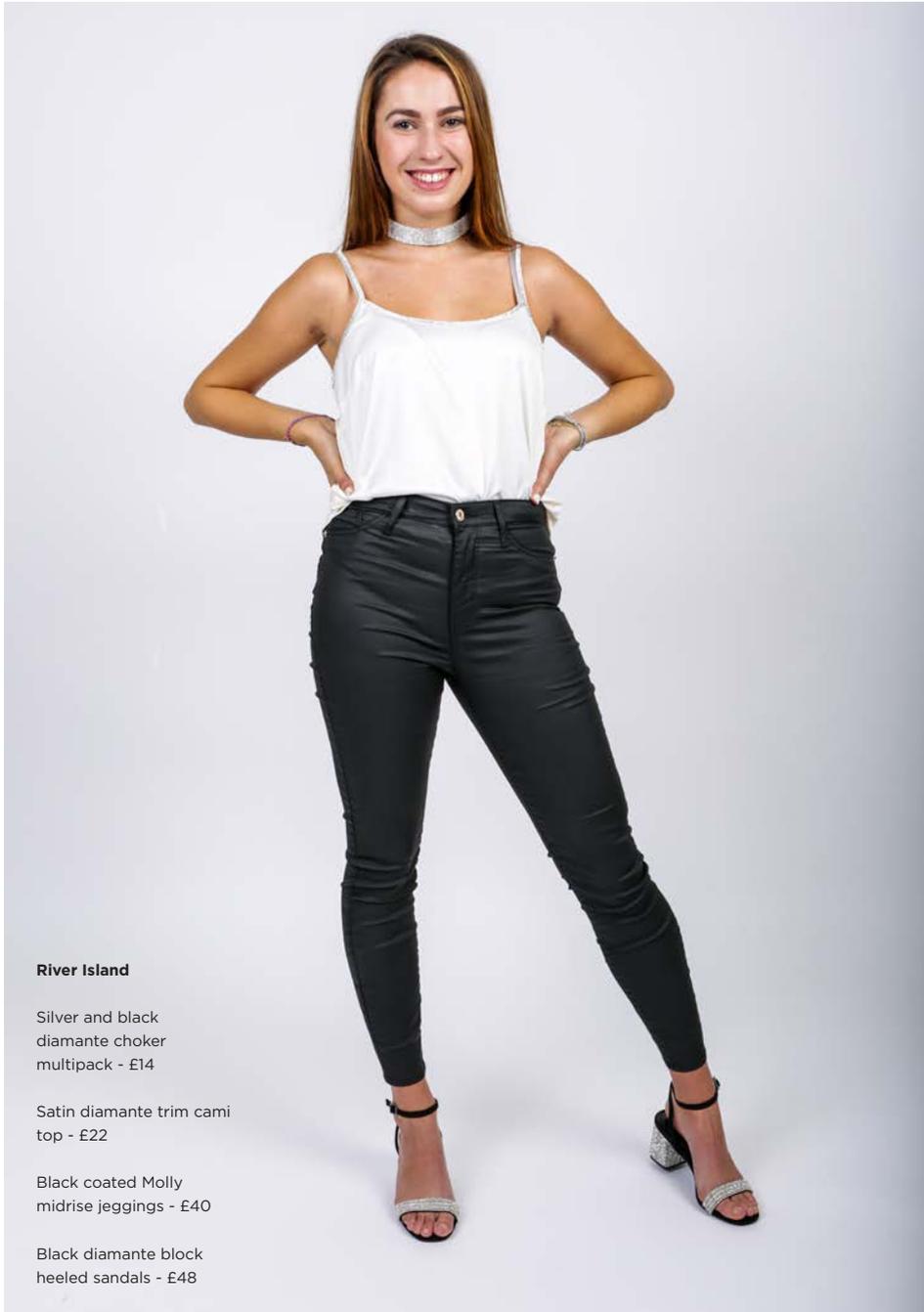
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Lucy Metcalfe
 @lucymetcalfe



River Island

Silver and black diamante choker multipack - £14

Satin diamante trim cami top - £22

Black coated Molly midrise jeggings - £40

Black diamante block heeled sandals - £48

Just add LEATHER

Change up your look by switching from a eye-catching jumper to a sexy cami top for a brand new look

River Island

Black 80's Power Jumper - £40



Anicka Kristofcova
Fashion Journalism student, second year

Style icon:
Victoria Beckham

Christmas list:
High quality make up brushes

Beauty tip:
Always remove your make up

Beauty must have:
Jewellery (most importantly rings)

Dream job:
Journalist for American Vogue

Topshop

Embellished Headband
- £18.50

Grey Tipped Faux Fur
Coat - £79

Burgundy Satin Flounce
Midi Skirt - £29

Georgia Black Pointed
Court Shoes - £29



Fake the FUR

Add a gorgeous faux fur coat to wrap up over these
daytime and evening trends

Topshop

Black Popper
Faux Leather Mini
Skirt - £25

Shimmer Prairie
Blouse - £25



Lucy Metcalfe
Fashion Journalism
student, third year

Style icon:
Audrey Hepburn

Christmas list:
Black painted leather
boots from Topshop

Styling tip:
Use a credit card to
get the perfect winged
eyeliner

Beauty must have:
A good lengthening
mascara and nude
lipstick

Dream job:
Beauty Editor at Elle

Wham bam, looking GLAM

From Wham! jumpers to jumpsuits, you'll be on trend this winter. The eighties are back, so stick on some George Michael tunes



Primark

WHAM! Christmas jumper - £12

River Island

Black coated Molly midrise jeggings - £40

Primark

Black Shine Jumpsuit - £18

Black Clear Band Heels - £14



Barbora Bednarova

Fashion Journalism student, third year

Style icon:

Chiara Ferragni

Christmas list:

The Primark jumpsuit I was wearing for the photoshoot and Marc Jacobs Honey perfume

Styling tip:

Layering! Plus never forget to add accessories!

Beauty must have:

Hair Burst hair shampoo and Benefit Roller Lash mascara

Dream job:

Stylist

Caitlyn Mcadam
Fashion Journalism
student, second year

Style icon:
Hello October (Suzie)

Christmas list:
Calvin Klein perfume

Styling tip:
Add a bracelet or
necklace to glam up
any outfit

Beauty must have:
During this season I love
a matte red lip because
it is so iconic and makes
you feel really festive!

Dream job:
Full time blogger or
beauty journalist



Debenhams

Red Herring Purple
Sparkle Plissé Midi
Tube Dress - £29

Black Clear One Band
Stiletto Heels - £9.99

Party like it's 2020

Everyone deserves a new dress, whether it's to dress up for
Xmas Day or to wave goodbye to 2019

Debenhams

Red Herring Purple
Zebra Print Metallic
Midi Dress - £45



Nicolette Ftackova
Fashion Journalism
student, second year

Favourite designers:
Alberta Ferretti,
Rodarte, Koché

Christmas list:
Books and loungewear

Styling tip:
Be a risk-taker, be
brave

Beauty must have:
A good lip balm,
skin corrector and
hydrating face cream

Dream job:
it is a secret!

Yours Clothing

Black Check Cowl Neck
Tunic Dress - £26.99

Black Soft Touch
Leggings - £10

Dark Purple Scoop Neck
Jersey Top - £10.99



What Laura LOVES

Plus-size blogger Laura Ferry reveals her festive
fashion and beauty must-haves



Blue Floral Skater Dress - £36.99



Navy and Orange Overhead Check Shirt - £23.99

Navy Cotton Essential Leggings - £10

Yours Clothing

Bright Red Ripple Stitch
Jumper - £19.99

Black & Silver Metallic
Sparkle Leggings - £19.99

Black Sleeveless Shearling
Gilet - £39.99



Laura Ferry (WhatLauraLovesUK.com) is a plus-size model and fashion and beauty blogger from the North East, who aims to inspire people to be the best versions of themselves by being confident in their own skin.

What are your tips for autumn and winter trends?

I always think that a classic statement red berry lip or a more rust tone is beautiful during the autumn season. I always love cranberry shades, rose gold and copper on the eyes. Layering is always really key for me. I'm not about fashion that goes down a catwalk, I'm all about empowering people to feel so confident in themselves that they'll go out there and wear anything that they want to wear and be free from worrying about what other people will think. My plus size tip would be not to shy away from bulky knits; pair them with a legging or skinny fit trouser to really show off your legs.

What is on your Christmas list this year?

I tried on a gorgeous faux fur gilet from Yours, and I absolutely loved that, so that'll be top of my Christmas list for sure. I also love all the gorgeous ankle boots you can get in River Island and Clarks: they're really good quality. I love my Pandora jewellery, and I always love getting my favourite perfume, Chanel Chance. I love the gift sets you can get at Clarins in Debenhams.

What are your beauty must-haves?

I always up the ante on my moisturiser this time of year; when you're out in the cold, and then go inside your skin needs extra care. I always pair it with Lancome Genifique. I love a touch of sparkle at

Christmas time; especially the Urban Decay palettes.

How did you pursue a career in blogging?

I started blogging by reviewing beauty products that I loved, hair, skincare and makeup. I never reviewed or photographed clothing because I felt so conscious, and I wasn't as far on in my body confidence journey as I am now. I realised there was a gap in the market for girls who, like me, were bigger but wanted to dress in the same way as the rest of their friends. That made me search for clothes, which at the time was difficult, but at the time there wasn't much available for plus-size women. That's one of the reasons I love Yours clothing; I used to travel over to Manchester to be able to buy the clothes, but now that there's one in the bridges is amazing. A lot of people really started to like what I was doing, and as times gone on I have grown in my own confidence.

What advice would you give to anyone who wants a career in blogging?

It's a lot more difficult than people think it's going to be. When you are self-employed in any kind of field, you are your own legal team, accountant, stylist; you're your own everything. It's a 24/7 job, and I would really consider saying to people that it's a really great hobby, but consider it wisely before you go into it as a profession. But at the same time, it's absolutely amazing. You don't need a lot of money to get into it, just a passion and a website to write on.

By Fashion North editor Sam Boal

Disney

Disney Store Eeyore Slippers for Adults - £14

Disney Store Eeyore Pyjamas for Adults - £20

Disney Store Eeyore Dressing Gown for Adults - £30



Zzzz, sleep in STYLE

We've rounded up our favourite sleep and loungewear.



Winnie the Pooh Nighty



Debenhams, Nine by Savannah Miller, Leopard Print Kimono - £30



River Island Blue 'jingle bells' tiger mixed pyjamas- £25



River Island Daffy Duck Men's PJs - £16



Debenhams, Nine by Savannah Miller, Animal Jacquard Short and top, £35



Cosy but CHIC

Jumpers don't have to be boring! Check out these festive numbers

Yours Clothing
Grey Block Jumper
- £23.99



Topshop
Batwing Cream
Jumper - £36



Dorothy Perkins
Christmas Bauble
Jumper - £26



Topman
Gingerbread
Man Christmas
Jumper - £30



Primark Men's
Christmas
Jumper



Next pug
jumper



River Island Off
Shoulder Grey
Jumper - £38



Primark Men's
Grey Print
Jumper - £12



Topman Red
Jumper - £30



Roman Originals
Sparkle Leopard
Print Jumper - £35

Sharp dressed MAN

Treat the man in your life with these must-have presents



Topman



Topman



Topman



River Island
Black light me
up Christmas
tree socks - £3



River Island Black suede sprayed
toe chelsea boots - £60



Navy slim fit
knitted polo
shirt - £25



Topman ribbed
jumper - £30



River Island Black Ronnie
relaxed straight ripped
jeans - £45



River Island Ecu
paisley print long
sleeve shirt -£35



River Island
Black leather
zip side lace-up
boots - £70

The finishing TOUCHES

Jewellery to top anyone's Xmas list
(or make that party outfit just perfect, you deserve it!)



Beaverbrooks
Michael Kors
Whitney Rose
Gold Tone Ladies
Watch - £239



Beaverbrooks
Emporio
Armani
Chronograph
Men's Watch
£299



Beaverbrooks
HUGO By
Hugo Boss
Jump Blue
Men's Watch
£219



Beaverbrooks Gucci
G-Timeless Gold Plated
and Stainless Steel
Men's Watch - £700

Roman
Green
Drop
Earrings
- £8



Next half
hoop black
earrings -
£12.50



Beauty treats & skin SAVIOURS

Whether you're self-gifting or buying presents for loved ones,
indulge in make-up and skincare



Debenhams beauty
advent calendar - £90



Boots Milani Gilded Rouge
Palette - £28.25

Boots Milani Rose
Face Oil - £20



Gorgeous gifts FROM £8

We've got you covered for the best presents under the tree



Roman Originals
Pearl Hat - £15



Men's River Island
Check Scarf - £10



Men's Topman
Beanie Hat - £10



Roman Originals
Scarf - £20



Primark Brown
Scarf - £6



New Look cream
faux fur bucket hat -
£12.99



Topshop Black Fur
Handle Bag



Dorothy
Perkins -
AW19 Cream
Gold Bobble
Hat - £10



Oasis Resin
Box - £35



River Island multi
sparkle clutch bag

Super scents for HIM & HER

Who doesn't want a gorgeous bottle as a pressie?



Debenhams, Montblanc
Explorer, 60ml- £43.16



Debenham, Diesel Only
the Brave Eau De Toilette
50ml - £42.30



The Perfume Shop, Paco
Rabanne Invictus Eau De
Toilette 100ml Spray - £68



Debenhams, Dior Sauvage
Perfume - £61.42



Hotel Chocolat Rabat - £28



The Fragrance Shop,
Pepe Jeans For Her
2019 80ml - £39.50



The Fragrance Shop,
Alien Eau De Toilette
60ml - £58.50



River Island 50ml - £10



Salvatore
Ferragamo
Signorina Ribelle
Eau De Parfum
100ml Spray -
£91.50



The Perfume
Shop, YSL
Libre, 30ml
- £56.00

Fancy FOOTWEAR

Step into the New Year with these footwear favourites



River Island Black knit runner trainers - £35



River Island Suede Desert Boot - £40



New Look White Panelled Chunky Trainers - £27.99



Debenhams Faith studded buckle boot - £79



Brown Suede Chelsea Boots - £40



Debenhams Faith side zip point boot - £65



Debenhams Faith wide fit strappy sandal - £39



Dorothy Perkins (Debenhams) Lola Skye AW19 Grey Spot Print Trainers - £35



Debenhams Faith star strappy sandal - £45

Lights, camera, pose!

Take a sneak peek behind the scenes at how we created The Bridges autumn/winter lookbook with University of Sunderland fashion journalism students



Take one fashion photographer, a plus-size social media influencer and 20 students. Ta da!

We hope you've enjoyed this magazine packed with interviews, gorgeous fashion shoots and gifts.

It all started on a rainy day back in October when we teamed up with students on the BA (Hons) Fashion journalism degree in a photographic studio on their city campus. They already create fantastic fashion and beauty journalism on their website Fashion North (check it out at www.fashion-north.com) so we knew they'd be ideal partners for this lookbook.

The students took over our social media for the day, posting Instagram stories and all the latest insider photos from the

shoot. They also volunteered as models, helped style the outfits and conducted the interviews with the models and blogger

Laura Ferry (check her out at [@whatlauraloves](https://www.instagram.com/whatlauraloves) on Instagram). They even had time to record a Facebook Live for the University of Sunderland showing what they were up to! There were lots of quick changes of shoes and outfits, music was blaring for a fun atmosphere and they learned a lot about working on a real fashion shoot.

Once the photographs were developed, the next job was to edit the images to offer you the very best of what is on offer in The Bridges, write the interviews and headlines, to bring you this magazine.

If you want to study fashion journalism here in Sunderland, head over to sunderland.ac.uk/study/journalism-and-pr/undergraduate-fashion-journalism/ to learn more. Have a great Christmas and new year! Our opening hours are available on thebridges-shopping.com/centre-information/opening-hours/ so you can shop the looks.

bridges

Fashion North



University of
Sunderland